

Nov. 14, 1997

Clarke College
Dubuque, IA

CLARKE

VOL LXX ISSUE SEVEN

what's UP

on campus

• Mark Your Calendar

Registration for spring classes is Wednesday, Nov. 19, and Thursday, Nov. 20th. In order to receive financial clearance, your balance must be \$500 or below.

• Chesterton Lives!

Who was G.K. Chesterton and what would he say to Clarke? John "Chuck" Chalberg knows and will present his one-man show devoted to G.K. Chesterton, British author of the Father Brown detective series, at Clarke on Tuesday, Nov. 18. Chalberg, outfitted as the 300-plus pound British writer, will present a reconstruction of Chesterton's writing in a three-act theatrical piece. "The show has its poignant moments," says Chalberg, "but if there aren't a lot of laughs, then I have failed." Check out the show in Jansen Music Hall at 8 p.m.

• How about a good book?

The library at Clarke will continue its booksale on Friday, Nov. 14, from 8 a.m. to 5 p.m., in the Atrium. Unmarked books will sell for \$2 each and marked library copies for \$5.00 each. Encyclopedias and other multi-volume sets will also be for sale. Starting at noon on Friday, 10 pounds of books will be sold for \$1.

Philosophy tutor contributes to class

By ANGIE BICKER
Staff Reporter

One of the things senior Ann Isaacs has learned from the experience of being an assistant in Norm Freund's class is the amount of work teachers put into a class. "I know not to take what teachers do everyday for granted. Students don't think teachers do much, but they do tons," said Isaacs.

As the first philosophy tutor working under an internship at Clarke, Isaacs is getting hands-on experience in teaching a philosophy class.

Freund came up with the idea of having a tutor after attending the American Association of Philosophy Teachers Conference last year.

The philosophy department developed a three-credit internship involving philosophy majors and minors with the help of Laura Kestner, director of Student Academic Services in the Cooperative Education office.

Isaacs was chosen to be the first tutor based on her attitude and goals for the future. "Ann is an exceptional student, personable and a candidate for graduate study aimed at eventual philosophy teaching," said Freund.

"Isaacs brings an added resource to the students." The students look at me as an equal and as a peer. I think it is easier for them to approach me, because I don't have any power over their grades," she said.

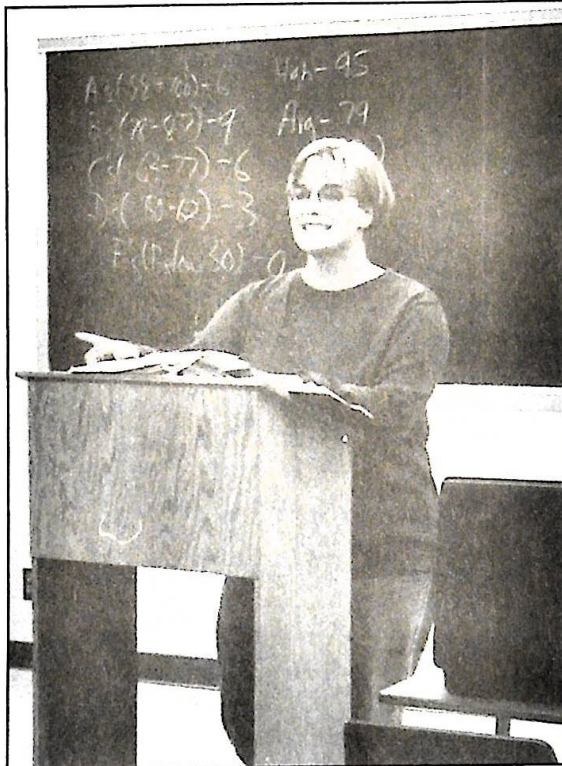


photo by Jake Tomko

Mike Cyze, a student in the class, said, "It's nice to have someone in the class who isn't a professor, but can still give students the help they need. If a topic is hard to understand, she can explain it in a different way to get the point across better."

A tutor gets the chance to lead small or large discussion groups,

Senior Ann Isaacs assists in teaching Dr. Norm Freund's Philosophy of Human Nature course as part of a three-credit internship.

Throughout the semester Isaacs is responsible for keeping a journal about her insights and activities. At midterm, there was an anonymous student evaluation of her performance.

As a non-traditional age student going to school full time, Isaacs is also busy taking care of her three-year-old son Addison. She said her mother helps take care of her son.

"I know not to take what teachers do everyday for granted. Students don't think teachers do much, but they do tons."

Isaacs decided to return to college because she always wanted to get a degree, and as the manager of a high-end optical shop, there was no other chance for her to advance in her career.

Some don't want retreat to end.

By NICOLE WALBRUN
Staff Reporter

Becky Hart, freshmen Physical Therapy major, went on Clarke's Antioch retreat last weekend and found that she didn't want to come back.

"I didn't want to leave; It was

nice to get away from the daily stresses of life and find people who care about you," Hart says.

This year fifty candidates and twenty team members meet at Albrecht Archers, located outside of Dubuque.

The team members, who lead the retreat, are chosen in the spring of the previous year and plan the

talks on God and the nature of the spiritual community.

"The weekend gives students a chance to meet other students who are not in their major and who they do not have in classes," said Sister LaDonna Manternach, BVM.

Manternach added, "It is a community building

continued on page 2.

datebook

EVENTS

FRIDAY

14

Movie Liar Liar
Union 8 p.m.

SATURDAY

15

Dubuque Symphony
Dubuque Five Flags Center Theater 8 p.m.
Clarke Challenge
JMH 8 p.m.
Movie Liar Liar
Union 10 p.m.

SUNDAY

16

Dubuque Symphony
Dubuque Five Flags Center Theater 2 p.m.
Trip to Williamsburg Outlet Mall
Leaves at 12 a.m.
Movie Liar Liar
Union 3 & 7 p.m.
Angela Petit, senior clarinet recital
JMH 3 p.m.

TUESDAY

18

An Evening with G.K. Chesterton
with John C. "Chuck" Chalberg
JMH 8 p.m.

WEDNESDAY

19

Registration for Spring semester

THURSDAY

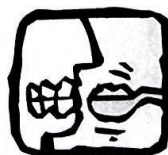
20

Registration for spring semester
Play A View From the Bridge
TDH 8 p.m. (through Sunday)
Country dancing
Dubuque fairgrounds 7-11 p.m.

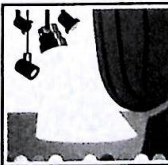
INSIDE

What's eating John Bennett's biology class?

See page 3.



Over seven million women suffer from this disease. See page 2.



Who's the playwright on campus? See page 3.

Tommy Haggas

gray areas

South Park Revisited

As some of you may know Robert Fulgham, author of the book, *All I Really Need To Know I Learned In Kindergarten*, visited Clarke's campus via satellite on Tuesday.



In a salute to Robert and the hundreds of knock-off posters his book has spawned, and *South Park*, Comedy Central's Wednesday night cartoon program, I present: *All I Really Need To Know I Learned In South Park*.

When it comes to embalming fluid, avoid Worcestershire

Sauce. • Never underestimate the power of cows. • A good song and a Salisbury steak can't fix every problem. • You're never too fat to be on Geraldo. • Halloween is about costumes and candy. • Dressing like Hitler in school isn't cool. • Pink Eye can be funny. • Tina Yothers has bad taste in costumes. • A rainbow is actually those little arches of color that show up during a rainstorm. • Aliens make mistakes, too. • The difference between a rain forest and a Pop-Tart is frosting. • Follow your dreams. You can reach your goals. I'm living proof. Beefcake!

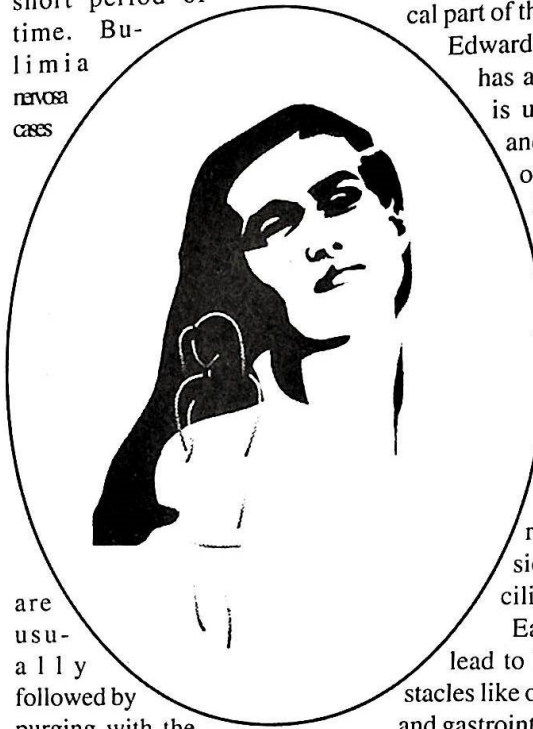
Counseling Service can provide help with eating disorders

By KATHLEEN SERRURIER
Staff Reporter

November is eating disorder awareness month. According to the National Association of Anorexia Nervosa and Associated Disorders, over seven million women in the United States suffer from eating disorders.

Clarke provides counseling services for people with eating disorders. Bud Edwards, director of Counseling, helps students solve their problems with therapy, education about proper nutrition and

the time but does not purge; and bulimia nervosa, when an individual loses control and large amounts of food are consumed in short period of time. Bulimia nervosa cases



are usually followed by purging with the help of laxatives, diuretics, vomiting or periods of fasting.

Many people ask the question "Why do these people make their body suffer?"

Eating disorders, like any other disease, cause serious problems. People with these disorders have a distorted, compulsive addiction to food and body image.

According to the Johns Hopkins University's Eating and Weight Disorder Program, many illnesses are triggered by stressful life events such as traumas, loss of loved ones, relationship difficulties, physical illness, en-

tering adolescent, marriage and pregnancy.

"Eating disorders are a very complex issue that involves mental aspects as well as the physical part of the disease," said Bud Edwards. "When a person has an eating disorder, it is usually complicated and deeply involved in other aspects of his or her life."

"Whether it be problems with his or her social life, family feuds or school, the student needs help and we try to give the best that we can here at Health Services or refer them to professional health care facilities," he said.

Eating disorders can lead to life-long health obstacles like osteoporosis, cardiac and gastrointestinal problems, or death if they aren't cured. Acknowledging the problem is difficult and many people deny or hide it from others.

Friends, relatives, teachers, therapists, dietitians, and support groups play important roles in the treatment process.

It's a difficult process to get through, but encouragement, caring, and persistence are the elements that help an ill person stay with treatment which is vital for his or her health. For more information on eating disorders, Edwards encourages students to call 588-6571.

"The students need help, and we try to give the best we can here at Health Services."

self-esteem and assertive training. They counsel students about body image and weight and keep a record of the progress the student has made through his or her consultation.

Out of that seven million cases each year, six percent ended in death. Although 95 percent of eating disorder victims are women, male cases are being reported with an increase in frequency.

The three most common eating disorders include anorexia nervosa, when a person denies hunger pains because he or she fears becoming fat; compulsive overeating, when one eats huge amounts of food all



Br. John Wozniak, Clarke vice president for Academic Affairs, Anne Heinz, representative for McGraw-Hill, Dr. Hope A. Gardina, assistant marketing professor, and Sr. Catherine Dunn, BVM, Clarke President, attend the Students In Free Enterprise (S.I.F.E.) Advisory Board Dinner held on Friday, Nov. 7. Students in the organization, along with Drama Department Chair David Kortemeier and Communication Department Chair Abdul Sinno, also attended the event. "It was a chance for S.I.F.E. members to get acquainted with the advisory board and for them to interact with us," says Beth McGrath, vice president of S.I.F.E. "We discussed ideas and upcoming projects at the dinner." --Tracy Paulsen, Editor

Retreat continued from page one

Caroyln Bell, junior, education major, said, "Antioch really gives students a chance to get away from the cruel and harsh world society seems to be at times."

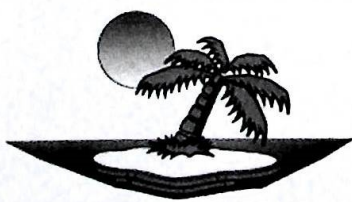
"The weekend really gave me a chance to grow as a person and

become more in tune with the people around me," said Monica McCarter, junior Physical Therapy student.

Bell added, "It is nice to get around people who are compassionate and sincere, who often

go unnoticed in society."

Although many people might think the retreat weekend is relaxing, Maternach said, "There is a lot of endurance involved. Many students come back tired because they are kept very active."



Experience the Tropics at Lasting Impressions

Next to K-Mart
2600 Dodge St.
556-1221

Owner/Stylist
Suzanne Wand

ultimate high tech bulbs
awesome stand-up
largest & cleanest beds in town
Coming Soon...latest high tech equipment
largest retail center
14 stylists to serve you
get a tan in 3 visits

Gift Certificates always available
15% discount of retail with Student I.D.
Open 7 days a week

CLARKE Courier

Editor
Tracy Paulsen

Sports Editor Michael Cyze
Photographers Takumi Ichimura,
Jacob Tomko

Layout Editors Tracy Paulsen,
Tommy Haggas, Michael Cyze,
Giselle Laurent, Adriana Lopez

Staff Writers: Michelle Ansel, Gredel Berrios,
Angie Bicker, Chris Clapham, Darren Dykstra,
Atsuhito Enoki, Tommy Haggas, Angela Petil,
Kathleen Serrurier, Nicole Walbrun,
Jolene Worzalla, Giselle Laurent

Advertising Manager Tricia Brimeyer
Advertising Michelle Ansel

Advisor Diana Russo

The Courier is a student-produced newspaper for the Clarke community. Opinions expressed herein do not necessarily reflect the opinions of the faculty, staff, or administration of the college. The Courier welcomes input from members of the Clarke community. Please send comments to P.O. Box 1508, Clarke College. Letters must be signed and may be edited for content and length. The Courier is a member of the Associated Collegiate Press.

Nov. 14, 1997

"Fun and new"
Clarke noBy ANGELA PETIT
Staff Reporter

Gary Arms, assistant professor of English at Clarke, has found a cure for the loneliness of being a writer: the collaborative effort of playwriting. The team effort was what he liked most about working on his second attempt at a play, *The Duchess of Spiders*, which was produced by the Black Swan Theatre Production Co. in Asheville, NC, this fall. "Theatre is so different from other forms of writing — collaboration is at the heart of it," he says.

Arms flew to North Carolina for opening weekend. Sitting amongst the audience and seeing how they reacted to the show was

Grant pave
cathedrals

Two Clarke students
by The Iowa College
grants are awarded

By ANGIE BICKER
Staff Reporter

Natalie Rawson, senior in Spanish major, is on the path for her research on the Cathedral of St. James in Santiago, Spain. Graciela Caneiro-Livings, professor of Spanish, is sponsoring her.

Santiago de Compostela owes its international fame to the discovery of the remains of St. James the Apostle at the beginning of the ninth century. The Cathedral of Santiago, built to commemorate this discovery, became a holy site comparable to Jerusalem. Later, scholars questioned the remains, but pilgrims have come there throughout the ages. Rawson will research the history of these pilgrimages. To be able to provide information related to her tour of Santiago de Compostela.

During her five-week stay, Rawson will submit a short report on her findings to the National Undergraduate Research Society, M.D. in April 1998. She is sharing her project with the Dubuque Society, as well as the Dubuque

"Fun and nerve-wracking" Clarke novelist finds joys of play production

By ANGELA PETIT
Staff Reporter

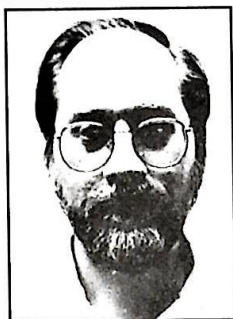
Gary Arms, assistant professor of English at Clarke, has found a cure for the loneliness of being a writer: the collaborative effort of playwriting.

The team effort was what he liked most about working on his second attempt at a play, *The Duchess of Spiders*, which was produced by the Black Swan Theatre Production Co. in Asheville, NC., this fall.

"Theatre is so different from other forms of writing — collaboration is at the heart of it," he says.

Arms flew to North Carolina for opening weekend. Sitting amongst the audience and seeing how they reacted to the show was

Arms compared watching his play to watching his kids. "You know that you have no real control, but you feel responsible for every action."



Gary Arms

the best and "most nerve-racking" part for Arms.

"The depth of scrutiny is way beyond what you'd get in any other writing. When you write a book, you may get some conversation about it, but you may not be getting people's true opinions. When you see it on stage, you see how the people in the audience react and can see their honest opinions of the play."

The Duchess of Spiders is a comedy about a gay man who wants to be the center of attention so much that he allows a nun to believe he is HIV-positive and take pity on him.

The play deals with the character's struggles with the truth and the trouble he gets into because of his lies.

Arms is accustomed to writing novels; his most recent work is about Greek mythology and

was part of the Princeton Review Smart Junior Books series. But his recent experience in writing plays and working collaboratively with others has made this his favorite kind of writing.

In developing the play, Arms turned to Clarke colleague David Kortemeier, professor of drama/speech, for advice.

Kortemeier helped Arms by being very positive while giving constructive criticism. "David knows a world of stuff about theatre," said Arms. "He would tell me what he liked about the play and then ask why I did something instead of saying what needed to be changed." After considering Kortemeier's questions, Arms would begin to see a better way to write a passage.

Other Clarke faculty and students helped Arms mold his plays by doing readings for him so that he could hear what the characters would sound like and envision how they would come to life on stage.

Arms says this enthusiasm from others helped move him through the writing.

"It's very flattering to see other talented people investing so much time in your play," he said. "The director and actors had to like the play enough to spend so much time and energy to bring it to the stage. The excitement level with all involved is really high."

Arms compared watching his play to watching his kids. "You know that you have no real control, but you feel responsible for every action. It's fun and nerve-wracking."

Grant paves way to study Spanish cathedrals and computer voices

Two Clarke students are at work on research projects funded by The Iowa College Foundation. The student/faculty research grants are awarded by the R.J. McElroy Trust

By ANGIE BICKER
Staff Reporter

Natalie Rawson, senior secondary education and Spanish major, received a grant for her research on the pilgrimages to the Cathedral of St. James in Santiago de Compostela, Spain. Graciela Caneiro-Livingston, assistant professor of Spanish, is sponsoring Rawson's project.

Santiago de Compostela owes its international fame to the discovery of the remains of St. James the Apostle at the beginning of the ninth century. The Cathedral of Santiago, built to commemorate this discovery, became a holy site comparable to Jerusalem.

Later, scholars questioned the legitimacy of the remains, but pilgrims have continued to travel there throughout the ages.

Rawson will research the history and legend surrounding these pilgrimages. To have direct access to information related to her topic, Rawson traveled to Santiago de Compostela, Spain, last summer.

During her five-week stay, she did research at university libraries and the cathedral museums and interviewed natives and pilgrims.

Rawson will submit a shortened English version of her findings to the National Conference on Undergraduate Research at Salisbury State College, M.D. in April 1998. She also plans on sharing her project with the Dubuque Fine Arts Society, as well as the Dubuque Museum of Art.



Rawson

"This project will not only further my immediate scholarly goals, but will also provide long-term personal growth. As a future Spanish teacher, I hope to share my findings and materials with my students to help them develop a greater understanding of Spanish culture," says Rawson.

Heather Claude, a junior computer science and math major, received the McElroy grant to research the changes that can be made in the human voice through a computer. Assistant Professor of computer science Barry Koster is sponsoring Claude's project.

Claude's research involves inputting the sound of the voice into the computer. The program outputs the sound and tries to resynthesize the sound of the voice at different frequencies.

"A sound like 'la' can be taken to another octave by changing the frequency. I analyze the sound with the current software and compare it with the original voice to see if they are the same," Claude said.

Koster calls the project a well defined extension to a new technology. "Heather has the potential to do voice synthesis with better quality than has ever been done before," he said.

Claude's project is expected to be completed by next spring.

A student conference and symposium will be held at Clarke for all McElroy recipients, Koster said, but the date has not yet been set.

Gail Naughton, Vice President of Institutional Advancement, said if the McElroy grant is funded again in the spring, faculty and students will be notified about when to submit grant proposals.

CLASS ACTS

What's eating John Bennett's biology class?

John Bennett displays the decomposition box that his biology class has been compiling over the past semester using Food Service garbage. Bennett points out that this is how recycling of food waste will be done in the future.



photo by Takumi Ichimura

"There has been trash found in landfills that is wrapped in newspaper dating back to the 1940's," says Clarke biology professor John Bennett. "The landfills just aren't working anymore. We need to find an alternative." Bennett's biology class has been searching for an alternative to landfills by doing an experiment in decomposition.

The project consists of two hand-made wooden boxes (built by the class with some help from Darrell Deutmeyer in the Physical Plant) filled with dirt, shredded newspaper and worms. Yes, worms! The red wigglers eat the food the class deposits in the boxes.

"The class really is throwing themselves into this project," Bennett says as one student puts more food into the box. Suddenly, she jumps back in fright and screams, "Ahhhh, a thousand-legger!" The new occupant of the box dives out of sight.

The food waste is from Food Service. "We had a lot of cooperation from them. Larry, Mary, and Matt have really been great," said Bennett. "If this goes well, we could be looking at something on a much larger scale for the school."

"A family of four produces approximately seven pounds of food waste a week. The compost ingests that amount in the same time," Bennett explains.

A student asks if the dirt is actually "worm poopies," and Bennett confirms this, to the amusement of the class, and adds, "The worms are great for fishing too. It also makes great potting soil."

To those who argue that the recycling of food waste is too time consuming, Bennett responds, "Aluminum and paper recycling is something we do automatically now. Twenty years ago, barely anyone did it. The same thing will happen to this as more and more states look outside their borders for landfill space. This is what it's going to come down to. Someday, there will be penalties for not doing it. It's new wave recycling."

Bennett stresses that the space requirement is minimal. "These boxes don't have to be huge. It's something that you can keep in your garage with your other recyclables," he says.

The smell of compost piles can be foul, but if done properly, Bennett says, the box can have a fresh, foresty scent.

Of course, you have to look out for your new tenants! -Tommy Haggas

Students hit the hardcourt for intramural action

By DARREN DYKSTRA
Sports Reporter

As the winter season approaches, saying goodbye to intramural football can be tough for the players and fans. One way to overcome this constant desire for competitiveness is to take it to the hardcourt.

And taking it to the hardcourts is exactly what students have been doing. The intramural basketball season is underway in big ways!

Both the men's and women's hoops have seen some exciting games being played early in the season.

For men, twelve games have been decided by ten points. Of those twelve games, six have been decided by five points or less.

The men have put forth ten teams this season with others soon to be joining, and the women have submitted five teams with more to come.

Men's intramural basketball Standings

Pman's Posse	3-0
Uncoordinated	2-0
S.T.S.	3-1
Young Purvis	2-1
OMGTKK	2-2
Shot Callers	2-2
Spice Boys	1-1
Trey Busters	1-3
Stranded	0-2
Cracker Jacks	0-4

Note: These standings are the latest available. No standings on the women's games were available. Watch for women's results and intramural updates in future editions of the Courier.

Editors Note: In the November 7 issue, Heidi Wagner was inadvertently omitted from the article on the women's soccer team. Wagner, a junior computer science/math major, was named to the NIIC all-conference team.

News from the sidelines

Coach Davison adds personal touch to curfew

By MIKE CYZE
Sports Editor

If you haven't already noticed, there isn't really any type of sporting activity going on this time of year.

We have hit that time in the collegiate season where the volleyball and soccer seasons have ended, and the basketball season is sitting in the wings ready to get fired up. So...What is there to write about?

Well, even though the teams haven't started having regular season exhibitions, it doesn't mean that they are just sitting around being lazy. In fact, it is quite the opposite.

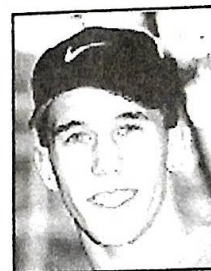
Clarke teams, especially basketball, have been extremely busy in recent weeks. And the discipline needed to play a college sport is also coming into play.

The men's basketball squad is just one group that I have witnessed getting ready firsthand. This past weekend, while I was on-call as an RA in Mary Jo, I noticed Coach Jon Davison in the

hallway! Needless to say, I was pretty surprised to see him.

Now when I say surprised, I don't mean that in a bad way. It isn't very often that you see a staff member in the building, especially on a Friday night!

Coach Davison was there to make sure that he could personally tuck in his freshman players and upperclassmen alike. Once again, it's time for the basketball curfew.



Coach Davison has been issued keys to the residence halls in order to make sure that his players are following their curfew. According to freshman Tyler Brandt, the curfew is in effect for the two nights before a game.

This weekend, the team had a scrimmage against Loras College and treated it as though it was a regular season competition.

It's nice to know that Coach Davison is close enough to his players and dedicated enough to the team, to come do curfew checks himself.

Great job, Coach, and good luck during the season!

Hanson is "Mr. Know it All" when it comes to Clarke sports programs

By JOLENE WORZALLA
Sports Reporter

Ever wonder how your hometown newspaper knows about your involvement in sports at Clarke? The man with all the answers is Jerry Hanson, Sports Information Director.

Hanson came to Clarke this summer with a busy year ahead of him. He is in charge of coordinating and distributing all sports memos, press releases for teams, media guides, programs, statisti-

cal information and feature articles on sports teams. He is also responsible for getting information distributed to hometown newspapers.

Hanson is involved with the athletic team home pages as well as getting information out to the Dubuque community about Clarke's athletic programs.

Hanson became interested in this line of work at a young age. Because of a heart condition, Hanson was not able to participate in sports. This opened up

doors for him. Hanson wrote sports articles for his high school newspaper and continued writing through college.

"It is definitely a positive thing having Jerry here," said former Sports Information Director Tine Kuhle. For Kuhle this means more time available to do her other jobs as the head women's softball and basketball coach. It also allows her more time to concentrate on recruitment, organize practices, and spend time with her players.

MOONDOG MUSIC

1.319.583.7041 806 wacker dr. dubuque, ia. 52002

Any LP, Cassette, or CD (\$8.38 or higher)



Help give a
Happy Thanksgiving!

Bring in an 8 oz. can and receive a free tan
*All donations go to the Food Pantry

1 month unlimited tanning...\$35.95
10 tans...\$30.00
12+1 FREE ...\$36.95
10% off with Clarke Student I.D.

**Suzanne's
Tanning Salon**
3046 Asbury Rd.
Phone# 582-6002
•10 tanning beds•

**A Tan To Go &
A Box ToGo**
806 Wacker Plaza
Phone# 582-2281
•7 tanning beds•

**We will honor all local
competitor's coupons!**



**Next to K-mart
2600 Dodge St.
556-1221**

Owner/Stylist
Suzanne Wand

It's a going away party for
**Tom the Turkey at
Lasting Impressions**
(Tanning & HairCare Salon)

Monday November 17
\$2 tans - all you can eat Turkey & Dressing Sandwiches
10 p.m. to 1 a.m. only Student I.D. required

No appointments necessary
20% off all retail products
Gift certificates available for Spring Break Packages

CLA
what's
UP
on campus

• Be a winner

Win a prize and support a great cause at the same time. Members of the Psychology Club are holding a raffle to raise money for a group trip to Ely, Minn., to study wolf behavior. Students can win a bed and breakfast stay in Galena, \$100 or more, CD's, free meals from local restaurants, and more. Tickets are \$1 for one and \$5 for six, so contact Paul Kaupp, Leah Stoffel, Gretchen Mead, Tammi Herbst, Angela Lawson, Joey Anderson or Stephanie Pollock to enter.

• Rhubarb plays Clarke

Juniors Lori Beyer and Alyson Jimasek heard the Rhubarb Band while shopping at a Borders Bookstore last year and thought they were "way cool." They asked the band if they would consider playing at Clarke. The concert will take place on Saturday, Nov. 22, in the student union. Coffee will be served.

• Trash your old papers

The Biology Club is starting a recycling program in Mary Benedict Hall. They will collect paper of all colors, cardboard, aluminum, tin, glass and plastic. The receptacles are placed inside the Mary Ben loading dock, so protect the earth and bring your trash.

datebook